PACKING LIST





7 days/ 6 nights		
Clothes	Clothes & Accessories	Toiletries
Underwear	Hat	Sunscreen
White Clothes for Ceremony	Handbag	Day/Night creams
1 "DRESS UP" outfit for the meal out	Beach bag	Toothpaste + Toothbrush + Floss
Summer Dresses / Skirts	Beach Towel	Contact lenses + Case
Pants/Jeans/Leggings	Extra Masks	Contact lens solution
Shorts	Personal items for ceremony	Hair brush / Comb
Yoga Clothes	(i.e. photos, jewelry, or anything that is meaningful and representative of an aspect of your life that you want to change, let go of or enhance.)	Shampoo + Conditioner
T-shirts / tops		Deodorant
Sleepwear		Perfume
Bathing suits/ Sarong / Cover up		Essential Oils
Light sweater/hoodie		Mosquito Repellent (Deet products)
Socks		Feminine products
Shoes / Snickers / Hiking Shoes		Alcohol Gel / Hand Sanitizer
Flip-flops		Razor
Lightweight rain jacket/poncho		Aloe Vera
Jacket for your trip		Anti-itch cream
Warmer clothes for your return		Travel toilet paper & wet wipes
,		
CABIN BAG	: Required Documents & Impor	tant Items
Passport/s (+ Passport Xerox)	Ear Plugs	Bottle of Water (Reusable)
Other form of ID	Blow up Neck Pillow	Snacks for the trip
Cash	Prescription Glasses	Cellphone + Charger
Credit Cards	Sunglasses	Camera (optional)
Itinerary + Vouchers	Alcohol Gel / Hand Sanitizer	,
,	Masks for the flight	
	Ear Phones (for music/podcasts etc.)	
	"Inspirational reading materials" for your flight	
	"Oracle/Tarot cards" (if you have them and would like to bring them)	